

Dyslexia information for parents

Working Memory	Working memory is the ability to hold and use information within your head for a short time. Limited working memory will cause difficulties with following directions, mental arithmetic and recall of spellings when writing ideas.
Processing Memory	Processing memory controls how quickly the brain can respond to written or spoken information. Slow processing memory means you take longer to read and produce written work and also to respond to spoken questions.
Visual Memory	Visual memory gives the ability to hold mental images and recall information you have seen. Linking pictures and colour can aid this.
Auditory Sequential Memory	Auditory sequential memory is the ability to remember sequences of information you have heard. Long, complicated verbal instructions can be problematic for dyslexics.
Phonological Awareness	Phonological awareness is the ability to recognise and manipulate syllables or letter sounds.