



# The Manor CE Primary School

**Aspire, Believe, Achieve**

## Newsletter 10

19 November 2021

### Dates for the Diary

- 23 November – FOMS Christmas Craft (9-12pm)
- 25 November – YR 2022 Open Morning (9.30-11am)
- 3 December – FOMS Christmas Fair (5-7pm)
- 8 December – Y6 weighing & measuring
- 9 December – KS1 Christmas Production (2pm and 5pm)
- 10 December – Christmas Jumper Day
- 10 December – FOMS Children’s Christmas Sale (9-12pm)
- 14 December – whole school to Pantomime at Hippodrome
- 15 December – Christmas Dinner in school
- 16 December – EYFS Nativity, 2pm
- 16 December – Class Christmas parties
- 17 December – 10.00 Christmas Service in Church
- 17 December – Term 2 ends
- 4 January Inset Day 3 (school closed)
- 5 January Term 3 starts

### INSET Days this academic year

- ~~Thursday 2 September 2021~~
- ~~Monday 1 November 2021~~
- Tuesday 4 January 2022
- Friday 29 April 2022
- Monday 4 July 2022

It’s been great to have another school trip this week – seeing the children so incredibly excited to be able to take their learning outside the classroom after such a long period (and it was wonderful to have some lovely feedback from the museum about the beautiful behaviour of our children during the visit.)

Have a lovely weekend

Mrs Flanagan

### School Uniform

We are having increasing numbers of children not wearing the correct coloured uniform to school. Please can you ensure children wear the correct colour uniform (this means a **royal blue** sweatshirt or jumper with **grey** or **black** trousers or skirt/dress).

	Boys	Girls
Winter	Grey or black trousers	Grey or black trousers/skirt with grey or black tights
	School Sweatshirt	School sweatshirt or cardigan
	Gold/white polo shirt	
	Black school shoes	
Summer	Grey or black trousers Or black or grey shorts	Blue and white check Summer dress or grey/black shorts with grey/black tights
	Gold/white polo shirt	
	Black school shoes/ sandals with closed in toes	
	Sunhat/cap	
P.E Kit	Black or grey shorts or jogging bottoms	
	Coloured T-shirt representing house colour	

## Attendance

As a school we set high targets for our children's attendance as we know that regular consistent attendance makes a huge difference to learning:

If children are not in school they miss key parts of their learning.

Our current target for **all** children is **97%** - thank you for supporting us with this.

## Reminders

- Our school gates are open at **8:40am**, where a member of staff will welcome pupils into school. Gates close at **8:50am** (if you arrive after this time you will need to enter through the main school entrance).
- If a child is unwell, a telephone call message should be left on 01454 866555 before 9am on the first day of absence stating the reason the child can-not attend.
- We operate an everyday call system and if a reason for absence has not been communicated to the school office by 9:30 a.m. a call/text to the parent or carer will be made. Every day calling is an effective measure that helps ensure children are safe.
- **We are unable to authorise any holiday in term time.**

## Foms

The children will be bringing home letters tonight for the Christmas Fair (including draw tickets) and Christmas Eve Plates (slips and payment for this should be returned to the school office by Tuesday 23<sup>rd</sup> November). Thank you!

## Antarctica Class



This week Antarctica Class have been exploring the Anti-bullying theme. We talked about how using unkind words or hands can hurt someone physically and emotionally. We all painted our handprints onto a picture to remind us that by using Kind Hands, Kind Words and Kind Thoughts, we can get along happily and safely. In addition to this, we have been busy with lots of other learning but the best bit of all was when we went on a scavenger hunt in Forest School. The children worked in pairs to find different things: mushrooms, berries, squirrels and this sparked a lot of discussion about hibernation.

### Africa Class



This week in Year 2, we finished our non-chronological reports all about Sir David Attenborough. We are all so proud of the wonderful writing produced! We have also been learning about continents and used great amethyst power to find out more about each continent on the tablets. **On Monday, please could your child bring in 1 used plastic bottle for a project about water pollution? If you do not use plastic bottles, do not go out of your way to bring one in though- I can provide some!** Please support your child in practicing their lines for the nativity- it is quickly approaching and it would be lovely to have these lines perfected so all children can truly shine. 😊

### Europe Class



Year 3 were absolutely amazing during their trip to Bristol Museum this week. They had tons of questions and were fully engaged in the exhibits that they saw. They really did us proud with their behaviour and respectful attitudes. They have also been working hard with adding 3 digit and 2 digit numbers in maths. They have shown that they can show how they work out their answers in a variety of ways and are wonderful when using their oracy skills to explain their mathematical reasoning.

### Asia Class



Year 4 have been looking at all things Egyptian again this week! Earlier in the week we investigated the purpose of Shadufs and how the River Nile was really important in everyday Egyptian life. We also had our amazing school trip to Bristol museum, where we stunned the museum staff with our Egyptian knowledge and got to handle some Egyptian artefacts! An amazing week 😊

### North America Class



Year 5 have had another great week. We enjoyed learning about this year's anti-bullying week theme of *One Kind Word* and then had a go at creating our own origami lotus flowers which all looked beautiful.

In English, we finished writing our speeches in role as Isaac Newton when he discovered gravity. The children have produced some fantastic writing which demonstrates their scientific understanding brilliantly. We have been putting our times tables knowledge to the test this week when learning about the column multiplication method and everyone has displayed excellent Emerald Power by persevering with this tricky task.

### South America Class



Another busy week for Year 6. We ended last week with a trip to the Life Skills Centre. The children had an amazing time and the staff and volunteers there were really impressed by the children's knowledge, their attitudes and behaviour, commenting that 'they had never had a class like them'. Well done, South America class!

This week we have been continuing with our Paperman English story, looking at how to write examples using the passive voice and using repetition for effect. In maths, we have been adding and subtracting fractions with different denominators and finding fractions of amounts. In topic, we have focussed on science and carried out an investigation relating to air resistance. The children have made their own spinners and ensured they carried out a fair test, taking a number of factors into account. A great week, Year 6!



**integra**  
catering

**WHAT DOES IT MEAN?**

**SERVING LOCAL FOOD**

At Silver and Gold levels we are awarded for using local ingredients.



**WE CAN TRACE OUR MEAT BACK TO THE FARM**



**COOKED FROM SCRATCH**

At least 75% of our meals are freshly prepared.



**MORE OF THE GOOD STUFF**

Free from undesirable additives, (0) PALM OIL & SWEETENERS.



**MENUS ARE DESIGNED TO MAKE THE BEST USE OF SEASONAL INGREDIENTS**



**YOUR MEAL MAKES A DIFFERENCE**

When buying Food for Life Silver Award meals, every £2 you spend makes a social return on investment of £3 in the form of jobs in local food enterprises.\*



To find out what else Food for Life Served Here means for your meal, visit our website, [www.soilassociation.org/catering](http://www.soilassociation.org/catering)

\*New Economics Foundation, 2011.

Autumn 2021

**School Menu**

Welcome back to school from the Little Foodies!

Healthy eating starts with me!

We are Integra, the trading arm of South Gloucestershire Council and as your catering provider we're proud to provide tasty, nutritious and healthy school meals. We work in consultation with the council's Public Health & Wellbeing team, as well as the Soil Association and the government's standard guidelines to develop our menus. We do not offer milk as part of our service menu offer, but this should be available during the school day. Please contact your school for more details.

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Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

Week commencing: 30 Aug, 20 Sept, 27 Sept, 24 Oct, 19 Nov, 13 Dec, 10 Jan, 7 Feb, 6 Mar, 4 Apr

<b>Main courses</b>	Margherita pizza (V) Mediterranean vegetable quiche (V)	Chicken & vegetable tikka masala with wholegrain rice Quorn sausage & wholemeal pasta bake (V)	Roast pork with apple sauce and gravy Mixed bean vegetable loaf (V)	Fresh beefburger in a bun with ketchup Veggie meatballs and fried rice (V)	Cod fishfingers Quorn southern style burger (V)
<b>Sides</b>	Wedge potatoes Peas & coleslaw	Sweetcorn & broccoli	Mashed potatoes Carrots & cauliflower	Mixed salad & sweetcorn	French fries Mushy peas & baked beans
<b>Jacket potato option</b>	Jacket potato filled with either cheese, tuna mayo, coleslaw or baked beans	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, salmon mayo, coleslaw or baked beans
<b>Desserts</b>	Vanilla icecream with homemade butterscotch sauce	Buttercream topped cupcake	Seasonal fruity crumble with organic milk custard	Cherry shortbread	Flapjack with cinnamon apple

Week 2

Week commencing: 6 Sept, 27 Sept, 18 Oct, 15 Nov, 6 Dec, 10 Jan, 31 Jan, 28 Feb, 21 Mar

<b>Main courses</b>	Macaroni cheese with tomato and herb bread (V) Mexican veggie chilli with rice and homemade nachos (V)	Wild West brunch with organic pork sausage & back bacon Vegetarian brunch (V)	Roast turkey with stuffing and gravy Shepherd's pie (V)	Organic beef pasta bolognese with garlic bread Veggie nugget & tomato wrap (V)	Cod fishfingers Cheddar cheese & onion quiche (V)
<b>Sides</b>	Sweetcorn & mixed salad	Oven baked hash brown Roasted tomato & baked beans	Boiled potatoes Broccoli & carrots	Corn on the cob & cucumber sticks	French fries Garden peas & baked beans
<b>Jacket potato option</b>	Jacket potato filled with either cheese, tuna mayo, coleslaw or baked beans	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, tuna mayo, coleslaw or baked beans
<b>Desserts</b>	Cocoa crunch	Peaches & a shortbread finger	Raspberry ripple Arctic roll	Apple pie & cream	Frosting topped carrot cake cup

Week 3

Week commencing: 13 Sept, 4 Oct, 1 Nov, 22 Nov, 13 Dec, 17 Jan, 7 Feb, 7 Mar, 28 Mar

<b>Main courses</b>	Tomato & cheddar cheese with organic pasta and a garlic slice (V) Veggie sausage hotdog & ketchup (V)	Organic pork sausage with creamy mash Ratatouille vegetable lasagne with garlic bread (V)	Roast gammon with gravy Classic Quorn roast (V)	Chicken and vegetable bake Butternut squash & chickpea curry (V)	Cod fishfingers Cheese & pepper frittata (V)
<b>Sides</b>	Sweetcorn & mixed salad	Broccoli & carrots	Roast potatoes Cabbage & peas	Wholegrain rice Green beans & diced swede	French fries Garden peas & baked beans
<b>Jacket potato option</b>	Jacket potato filled with either cheese, tuna mayo, coleslaw or baked beans	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, tuna mayo, coleslaw or cheese & coleslaw	Jacket potato filled with either cheese, tuna mayo, coleslaw or baked beans
<b>Desserts</b>	Oat and cherry cookie	Sticky cinnamon roll	Apple sponge with organic milk custard	Orange jelly and mandarins	Lemon drizzle cake

Salad selection, homemade bread, cheese & biscuits, organic yoghurt, fresh fruit and chilled water available daily. Our vegetables are seasonally available so vegetable options may change every month. Menu subject to availability.



options available

**little foodies**

Our 'Little foodies' characters that you'll see on our primary school menus, help younger children have fun at mealtimes and encourage them to eat healthily and engage positively with the food they eat.

All our baked beans are low sugar!



All our schools hold the Soil Association 'Food for Life' award, which recognises caterers that serve local, fresh and honest food cooked by chefs who really care about quality ingredients.





# Christmas Lunch 2021

Roast turkey, a pig in a blanket  
and a stuffing ball

OR

Vegetarian plait

Roast potatoes, honey parsnips,  
fresh carrots, peas and gravy

Chocolate dipped  
Christmas spice cookie

OR

Coconut snow cupcake



These carrots  
are delicious!



little  
foodies



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### **Share a Little 'Comfort & Joy' this Christmas!**

This Advent the churches of 'Together 4 Fromeside' are launching their second 'Comfort & Joy' appeal, supporting vulnerable households across Fromeside over Christmas, and throughout 2022. Over the past year, thanks to the generosity of the community, and with the help of local partners in housing, health and schools, 'Together 4 Fromeside' have been able to support many, many local families in need. When people around us have been rehomed into properties with no carpets, been unable to top up the gas meter, or have had nothing in the kitchen cupboard, 'Comfort & Joy' has made a practical difference, offered compassion, and opened a door to community for many.

Thank you for making this happen.

*You can give to Comfort & Joy:*

- Online at: [www.justgiving.com/campaign/comfort-joy](http://www.justgiving.com/campaign/comfort-joy)
- By cheque: payable to 'Churches Together in Frampton Cotterell and Coalpit Heath (LEP)', 'Comfort & Joy', c/o Zion Church Office, Woodend Road, Frampton Cotterell, BS36 2HY.

The appeal will be open throughout December 2021.

# Frampton Cotterell and Coalpit Heath Village Diary Nov 2021

**Mon 15th - Free Money Management Course, Brockeridge Centre, 10am-11.30. Today**

**and the next two Monday mornings.** Contact Kate on 07552974982 or

[kate@zuchurch.org.uk](mailto:kate@zuchurch.org.uk) with any questions or to book your place

**Wed 17th - FC & District Local History Society, 7.30pm.** Talk by Alan Freke : The Work of

Francis Simpson. Annual Subs £15. Contact: [secretary\\_fcdlhs@yahoo.com](mailto:secretary_fcdlhs@yahoo.com)

**Thu 18th - Wellbeing Friends, WADCA 1.30 - 3.30pm. £3.** A group for people with dementia and their carers. Varied activities, a cuppa, cake and chat. Info Edna 07789 662694

**Fri 19th - Bingo, Crossbow, 8pm.** £1 for 5 games and 50p for snowball. Tel. 772947

**Sat 20th - City Limits, British Legion Club, 8.30pm. Bingo at 8pm.** Music & dancing. Entry £5. New visitors welcome. Tel. 01454 772769. RBL Membership £18 pa.

**Tue 23rd - Frampton WI, St Peters Hall 7.45pm. AGM.** See [facebook.com/FramptonCottWI](https://facebook.com/FramptonCottWI)

**Wed 24th - Litter Busters, meet by The Gingerbread Man, Church Rd, 10am.**

If you would like to get involved please email [framcottva@hotmail.co.uk](mailto:framcottva@hotmail.co.uk)

**Sat 27th - St Saviours' church Christmas Fayre, 2pm**

**Sat 27th - Charity Christmas Fayre, Poplar Farm cafe, 5.30-8.30pm. In aid of Mind.**

Crafts, food, demo, mulled wine. Info : [macmulberry@icloud.com](mailto:macmulberry@icloud.com)

**Sun 28th - Advent Service and signing of new Together For Fromeside Ecumenical Covenant, St Peter's church, 6pm.** All 8 Fromeside churches will sign the covenant to work together, with Bishop Lee in attendance. Everyone welcome.

## December

**Wed 1st - Coffee Morning, Salem, Watleys End, 10 - 11.30am.** All welcome.

**Wed 1st - Wellbeing Friends, WADCA 1.30 - 3.30pm. £3.** A group for people with dementia and their carers. Varied activities, a cuppa, cake and chat. Info Edna 07789 662694

**Wed 1st - Barn Sessions: Leonie Evans and guests, 7.30pm.** Blues/folk/jazz & storytelling.

Bar open from 7pm. Music starts 7.30pm. Tickets £10 [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Wed 1st - Coalpit Heath WI, St Saviours Church Hall, 19:45pm,** Tel 07935 071291.

Email - [carolinemjohnston@hotmail.com](mailto:carolinemjohnston@hotmail.com) Visitors always welcome!

**Wed 1st - SGMRG talk, The Miners 7.30 for 8pm.** Bedminster Coal : Blood, Sweat & Tears - A talk by Garry Atterton. Non-members £2. More info Tel. 883607

See Village Action website for dates for the full year - [www.villageaction.org.uk](http://www.villageaction.org.uk)

# Frampton Cotterell & Coalpit Heath Village Diary Dec 2021

**Wed 1st - Coffee Morning, Salem, Watleys End, 10 - 11.30am.** All welcome.

[www.salemchurch.org.uk](http://www.salemchurch.org.uk)

**Wed 1st - Wellbeing Friends, WADCA 1.30 - 3.30pm. £3.** A group those with dementia

and their carers. Varied activities, a cuppa, cake and chat. Info tel 07789 662694

**Wed 1st - Barn Sessions: Leonie Evans & guests, 7.30pm.** Blues/folk/jazz & storytelling.

£10. Bar open from 7pm. Music starts 7.30pm. [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Wed 1st - Coalpit Heath WI, St Saviours Church Hall, 19:45pm,** Tel 07935 071291.

Email - [carolinemjohnston@hotmail.com](mailto:carolinemjohnston@hotmail.com) Visitors always welcome!

**Wed 1st - SGMRG talk, The Miners 7.30 for 8pm.** Bedminster Coal : Blood, Sweat & Tears, A talk by Garry Atterton. Non-members £2. More info Tel. 883607

**Thu 2nd - Tea and Tour, Winterbourne Medieval Barn, 2pm.** £5 book online.

[www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Fri 3rd - FCCE School Christmas Market, Rectory Road, 5 - 7pm**

**Fri 3rd - Carols around the Tree, Bickeridge Centre 6pm. All welcome.**

**Fri 3rd - Quiz, Crossbow, 8pm. £1.50 ppn.** Tel. 772947 [crossbowhouse@gmail.com](mailto:crossbowhouse@gmail.com)

**Sat 4th - Fabric Christmas Wreath workshop, Winterbourne Barn, 10am - 12.30**

Book via the Barn website [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Sat 4th - Table Top Sale, The Miners, 1 - 3pm.** To book a table (£5) tel. 07920 145352

[www.cphvh.co.uk](http://www.cphvh.co.uk) and facebook. email : [coalpitheathvh@gmail.com](mailto:coalpitheathvh@gmail.com)

**Sat 4th - West Gallery Festive Music performance, Winterbourne Barn, 3pm. £5** Join in well-known carols. Book via the Barn website [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Sun 5th - Christingle service, St Peter's, 4pm**

**Mon 6th - Carols in Beesmoor Rd Field, 6 -7pm.** All welcome. Run by 1st Frampton Scout

Group. Bring a torch/lantern. Refreshments available. Charity collection.

**Tue 7th - Friendship & Circle Dance exercise class, Crossbow hall, 3 - 4pm. £4.** Bring your own drink. Socially distant. To book tel. Hilary Jay 07515 351813

**Tue 7th - Talk : A Medieval Christmas, Winterbourne Medieval Barn, 7pm** (in person and on zoom). Tickets £5. Book via website [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

**Tue 7th - Coalpit Heath WI Carol Concert, St Saviour's church 7.30pm**

More info. Tel 07935 071291 [carolinemjohnston@hotmail.com](mailto:carolinemjohnston@hotmail.com)

**Wed 8th - FC Local History Society, Zion, 7.30pm.** Prof Ronald Hutton talks about

**King Arthur.** Annual Subs £15. Visitors £4. E : [secretary\\_fcdlhs@yahoo.com](mailto:secretary_fcdlhs@yahoo.com)

**Thu 9th - Christmas Show: Our Favourite Songs, Winterbourne Musical Theatre,**

**WADCA, 7.30pm. Tickets £5 incl mince pies, tel. 317408**

**Fri 10th - Pamper & Presents, Coalpit Heath Cricket Club, 7 - 10.30pm.** Raising funds for Pauls Place. Tickets £5, book via facebook or email [lstowell@paulsplace.org.uk](mailto:lstowell@paulsplace.org.uk)

**Fri 10th - Christmas Show: Our Favourite Songs, Winterbourne Musical Theatre,**

**WADCA, 7.30pm. Tickets £5 incl mince pies, tel. 317408**

**Sat 11th - Family Festive Crafts, Winterbourne Medieval Barn, 10am or 1pm**

Tickets £5 per family. Book via the Barn website [www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)